



The purpose of Delta Intergroup is to facilitate and support Unity among the members, groups, and fellowships in San Joaquin and neighboring Counties.

Delta Intergroup's Central Office furthers this goal of Unity by providing services to the groups which they cannot provide to their members.

We sell AA approved and related recovery literature, and provide printed and online meeting schedules and information. We support the P.I./C.P.C. Committee by providing meeting space and pamphlet materials for distribution to the Institutions it serves. We sponsor a monthly area-wide "Birthday" celebration, and special events throughout the year.

*Let Us Know What's
on Your Minds
and In Your Hearts*

As you may have noticed, members from our Area have been sending us articles, memes, haikus and inspirational thoughts. And I believe our newsletter is far better because of these contributions.

*So, we have now demonstrated that there are a lot of our members who have something important to say. So, **please** continue to share your thoughts, jokes, stories, and experiences with us. We want this to be a newsletter that showcases **all** the many voices in our community. And I know there are a lot of us out there.*

*Send us your literary and artistic contributions at
deltacentral312@gmail.com*

We want to hear from you!



Keeping In Touch

A Monthly Publication of Delta Central Office,
Delta Intergroup of Alcoholics Anonymous

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Groups can now contribute to Delta Intergroup online at
deltacentral312@gmail.com, using **PayPal**.

You can also use **Venmo** to **@Delta-Central** or **Cash App** to **\$DeltaCentral**
We can also take Contributions at the Office using **Square**.

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Promise Six

"That feeling of uselessness and self-pity will disappear."

Recovery

Step Six

"Were entirely ready to have God remove all these defects of character."

Step Six necessary to spiritual growth. The beginning of a lifetime job. Recognition of difference between striving for objective—and perfection. Why we must keep trying. "Being ready" is all-important. Necessity of taking action. Delay is dangerous. Rebellion may be fatal. Point at which we abandon limited objectives and move toward God's will for us.

Unity

Tradition Six

"An A.A. group ought never endorse, finance or lend the A.A. name to any related facility or outside enterprise, lest problems of money, property and prestige divert us from our primary purpose."

Experience proved that we could not endorse any related enterprise, no matter how good. We could not be all things to all men. We saw that we could not lend the A.A. name to any outside activity.

Service

Concept Six

On behalf of A.A. as a whole, our General Service Conference has the principal responsibility for the maintenance of our world services, and it traditionally has the final decision respecting large matters of general policy and finance. But the Conference also recognizes that the chief initiative and the active responsibility in most of these matters should be exercised primarily by the Trustee members of the Conference when they act among themselves as the General Service Board of Alcoholics Anonymous.

Step Six: Wherever And Whenever

Grapevine, June 2007

Unlikely riches and satisfied needs

The entrance to the building, which housed our Area's office, was firmly shuttered. Now I would be unable to hold the bimonthly meeting I had scheduled as the editor of the Area newsletter. In the personal way that I can take things, I saw this barrier to entering the building as another sign that my Area didn't want me. Two months before, at our biennial elections, I had stood for three positions--delegate, alternate delegate, and Area chair. But the Area had other preferences for those officer positions. Stymied in my ambition to climb the general service ladder and ascend to delegate, I quickly made myself available to serve on one of the Area's numerous standing committees. In that way I could remain in the hunt for what Bill W. had once called the "golden prize." "You have to be in it to win it," as one of our Area members likes to say. In our Area, the chair-elect is responsible for appointing standing committee chairs, and often those who make themselves available to become Area officers are given consideration for committee positions.

I rang the buzzer with no real hope that anyone would respond, but soon our delegate-elect came down, and from within, raised the shutter. Shortly I was in a small conference room, where the Website Committee was finishing up its meeting. Among those present were the delegate-elect, the alternate delegate-elect, and the chair-elect. In spite of the inventories I had taken and my best efforts to put the matter behind me, it took all I had for me to stay in that room. It was difficult enough to come to terms with not being chosen by the Area to be an officer, but now I learned through an overheard conversation that all the standing committee chairs had also been appointed, and so it was safe for me to conclude that I wasn't one of them. The pat on the back I received from the chair-elect seemed, at best, to be an insincere gesture of friendliness. Inwardly, I felt that I had shown up not for a meeting but my execution.

It is one thing to be passed over for a job promotion and quite another to feel that the spiritual entity that has given you back your life no longer wants you. I felt summarily discarded from Area general service. An attitude of grievance took hold. The Area chair-elect had it in for me. Had I not done an excellent job editing the newsletter, and had I not done the same as the Public Information chair previously, as well as having served as the district committee member chair for my county and as a district committee member and general service rep? And had I not done stellar service as a non-trustee appointed committee member on one of the General Service Board's standing committees?

There may be those special people in AA who can see themselves in the round and make progress in their spiritual growth on their own, but I am not one of them. I cannot see the back of my own head without a mirror. And nowhere is guidance more needed than in general service work.

"Why do you do service?" my sponsor asked me, after I had shared my resentment with him. The easy answer was that I love AA and want to give back to it, and also so that I can stay sober and grow. After all, service is "spirituality in action," as our literature suggests. But I also have to accept that my interest in general service is partly driven by the desire for recognition--for that certain measure of prestige, which our Sixth Tradition warns us against. I tried to see what mistakes I might have made in my two-year term of service as the editor of the Area newsletter. There had been times when I had expressed opinions that might have been considered judgmental, critical, or harsh. Possibly I had offended by suggesting that the Area had better things

A.A. Humor



HAPPY JOYOUS AND FREE-E-E!!



Too many years,
Not enough days



Staging in the Middle of the Herd



Willing to go to **ANY**
lengths



We WILL KNOW peace

ANNOUNCEMENTS

Intergroup Service Positions Open

Recording Secretary

Treasurer.

Assistant Office Manager

Year End Physical Inventory

We need volunteers to help out with our end of fiscal year physical inventory. We will be starting at 10:00 am on Friday, June 27, 2025. Please call the Central Office if you are interested in helping out. (209) 464-1509 Please bring all your fingers and toes.

ODD'N'ENDS

"There is beauty in truth, even if it's painful. Those who lie, twist life so that it looks tasty to the lazy, brilliant to the ignorant, and powerful to the weak. But lies only strengthen our defects. They don't teach anything, help anything, fix anything or cure anything. Nor do they develop one's character, one's mind, one's heart or one's soul."

- Jose N. Harris

"It was almost no trick at all, he saw, to turn vice into virtue, slander into truth, impotence into abstinence, arrogance into humility, plunder into philanthropy, thievery into honor, blasphemy into wisdom, brutality into patriotism, and sadism into justice. Anybody could do it; it required no brains at all. It merely required no character."

- Joseph Heller

"It is one of the defects of my character that I cannot altogether dislike anyone who makes me laugh."

- W. Somerset Maugham

"What is clear is that meaning may not be something we *find*. We found no meaning in our son's death, or in the deaths of countless others. The most we could hope was that we might be able to *create* meaning."

- Elaine Pagels

"No one can obtain felicity by pursuit. This explains why one of the elements of being happy is the feeling that a debt of gratitude is owed, a debt impossible to pay. Now, we do not owe gratitude to ourselves. To be conscious of gratitude is to acknowledge a gift."

- Josef Pieper

"And I urge you to please notice when you are happy, and exclaim or murmur or think at some point, 'If this isn't nice, I don't know what is.'"

- Kurt Vonnegut

"Ultimately, man should not ask what the meaning of his life is, but rather must recognize that it is he who is asked. In a word, each man is questioned by life; and he can only answer to life by answering for his own life; to life he can only respond by being responsible."

- Viktor E. Frankl

"It seemed as though he had a fundamental belief that the merit of his argument depended on the strength of his feelings about the matter, and since he always felt uncontrollably passionate about everything, then clearly he was always right."

- John Cleese

to do than spend six months planning for our annual Area convention, which I characterized as a three-day party. Could I have helped to develop a more effective distribution system for the newsletter or invested some time in coming up with design changes?

"The chair-elect has plans for the Area that don't include you. That is all his decision means," my sponsor said in response to my written inventory. He suggested that if I wanted to be separated from the "boys" and join the "men," as the essay on the Sixth Step puts it, it would be useful for me to take a look at the demands for recognition and approval that I was placing on others, including AA. He encouraged me to read Bill W.'s essay "The Next Frontier: Emotional Sobriety," published in the January 1958 Grapevine.

"Your whole line of thinking about this is a defect of character," he went on, pointing to a common theme in my sharing about life in AA and beyond: that I wasn't fully appreciated by my employer, by the women in my life, and by society in general.

I am not a newcomer to AA. My sobriety date is February 16, 1980. Yet, I felt in that moment something special was happening. The truth, without love, is an attack. But the truth, when delivered with love, can be life changing and healing. His words penetrated deeply. So I went back to Bill's essay and parts of it jumped out at me as if I had never read it before: "Those adolescent urges that so many of us have for top approval, perfect security, and perfect romance--urges quite appropriate to age seventeen--prove to be an impossible way of life when we are at age forty-seven or fifty-seven." Then there was this: "My basic flaw had always been dependence--almost absolute dependence--on people or circumstances to supply me with prestige, security, and the like." Bill's answer was to "exert every ounce of will and action to cut off these faulty emotional dependencies upon people, upon AA, indeed, upon any set of circumstances whatsoever." He concludes, "Then only could I be free to love."

I have an early memory of shimmying to the top of a New York City street lamp and hanging, like a monkey, from the extension, to the horror of my mother and others who witnessed my attention-grabbing stunt. For me, to be seen by my mother was crucial, whatever lengths I might have had to go to. To be invisible, on the other hand, was to suffer a kind of death. It is not surprising that many years later, I carried some of that drive for recognition into Alcoholics Anonymous with me. I can identify with a member of the Fellowship who once joked that he had the misfortune of seeking to be famous in an anonymous program.

Shortly after re-reading Bill's essay, I attended my final Area committee meeting as the editor of the newsletter. I distributed that month's edition of the newsletter and turned over a loose-leaf binder containing materials related to the position to my successor. I had come to realize that if ever I were going to employ Bill's technique for reducing these emotional dependencies, I would have to become more disciplined in how I spoke. So I made it a point not to buttonhole anyone at the meeting and pour my anger or hurt into his sympathetic ear. In chatting with a couple of people, I kept my part of the conversation positive and joked a bit. Of such small but significant victories are successful recoveries made. I remembered my sponsor's words: "The Area chair has plans for the Area that don't include you." Right. I could be happy that the Area was blessed with many AA members who were willing to serve and happy as well that they were getting the opportunity.

Although I had behaved correctly at the Area committee meeting, I was still in turmoil emotionally. There was just this block of pain. I had been part of the Area committee for nine consecutive years. It was hard not to feel the loss.

Then one evening, shortly afterward, I sat in a neighborhood AA meeting. The chair-

person introduced the leader as a "great speaker with a great message." The speaker was well-spoken and did carry a powerful message, but I felt displaced and unhappy, as if by implication, the chairperson was saying that I was not a great speaker and did not have a great message.

That night at home, all the accumulated pain of the weeks and months before drove me to my knees. With great earnestness, I prayed for release from my faulty emotional dependency on AA. I saw in that moment the absolute futility of my drive for recognition and for prestige. I saw that you cannot cure an illness of "more" by seeking more; that no title had ever fixed me and never would, just as no drink had ever fixed me and never would. I saw in that moment the emotional payoff I had been receiving from indulging my feelings of deprivation, going back to childhood and my tendency toward self-pity. And I saw the truth of that AA saying, "Poor me. Poor me. Pour me a drink." If I were to live sober and well and sanely, I would have to surrender to the reality that the here and now is all I have and all I need, for in the here and now I have eternity. A powerful sense of peace entered me.

Of course, who wouldn't want to be elected delegate and have the honor of representing his or her Area at the annual General Service Conference? But a problem arises when a self-determined objective--ascension to Area delegate--runs counter to God's will for me. At what point do I become willing to abandon this limited objective and seek more fully to align myself with God's will for me, which is to be "of maximum service to God and the people about us," as our Big Book says?

In discussing other areas of service with my sponsor, he simply said, "Wherever and whenever." With that in mind, I showed up at my local intergroup's monthly institutions and correctional facilities meeting and made myself available to take a meeting into one of our Area's prisons. And so, that is shaping up as a new area of service activity for me.

Just yesterday, I received my first letter from an inmate at a correctional facility to whom I wrote a few weeks ago as part of AA's Corrections Correspondence Service. Being a pen pal to an AA member behind bars is another area of service I have been pursuing to fill the void created by my rotation out of general service. As my late sponsor used to say, "While we are waiting at the station for our train to pull in, our plane is at the airport preparing for departure."
- David S., New York, NY

Next stop: Trouble *Grapevine, June 2023*

Full of lust and ignoring his sponsor, he headed out.
But this time he couldn't shake the queasy feeling in his gut

It was a hot summer day, and I was sitting in my apartment. I had been living alone there for more than six months and I decided it was now time to go out and find a companion.

You would think after getting out of a bad relationship I'd be a little gun-shy about looking for a new one to get involved in. But no. I'm a glutton for punishment. In some ways, aren't we all? Some of us seem to always want what's not good for us.

So anyway, I began my search. I got dressed, checked myself in the mirror and out the door I went. I remembered my sponsor Tim telling me that I should steer clear of women, as I was in the early stages of my recovery. But I had no intention of listening to him. I wanted what I wanted.





The Hand of A.A.

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Make reservation by 8/15/2025

Alcoholics Anonymous
19th Annual
**Hand in Hand
Women's Day of Unity**

**Saturday, September 13, 2025
8:30 a.m. to 4:00 p.m.**

Event Location
Vinewood Community Church
1900 W. Vine Street, Lodi, CA 95242

Speakers:
Claudia T., Bethel Island, CA
Sharon A., Depoe Bay, OR

Pre-Registration through 9/6/2025
\$30 (non-refundable) - \$35 at the door

Mail Checks Payable to Hand In Hand, 2218 Reunion Lane, Rio Vista, CA 94571

For credit card, email HinHTreasurer@gmail.com with full name, phone number, and all guests' names. A secure link will be emailed to you for your payment.

For more information, please contact Ellen M. at (650) 400-7208 or Carole D. at (707) 761-2842

Please fill out completely so that we can include you on next year's mailing list

First Name: _____ Last Name: _____

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Address: _____ City: _____ State: _____ Zip: _____

Phone: _____ Cell Phone: _____ Sobriety Date: _____

I would like to be of service at this convention: YES _____ NO _____ Scholarship Donation: \$ _____

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*List all Guests' Names: _____
(including Email and Sobriety Date)

Limited number of scholarships are available in return for 2-hour service commitment.
Submit advance request to Carole D: HinHTreasurer@gmail.com

Sorry, no children or non-trained service animals allowed at this event

I walked down to the corner and waited for the bus to take me downtown. You see, all the women I have ever gone after lived downtown. The mean streets of the "hood," as I called it.

While riding the bus, I found myself reliving that conversation I had had with my sponsor, over and over. I tried so hard to not think about what he told me that I almost forgot to ring the bell for my stop. The bus pulled over and I stepped off.

I started walking, and again something inside me wasn't right. I asked God in that moment to take away this feeling, not realizing that what I was actually telling God to do was to stop talking to me. My relationship with God is one of friendship. I talk to him throughout the day, asking for his guidance to get through whatever situations I may find myself in.

I turned the corner to my old neighborhood and there they were, an assortment of women. These women were like me, sick. We all suffered from the same disease of alcoholism. The only difference was that I had not had a drink in almost a year, and they were all still drinking and drugging.

Up to that point, everything was going according to plan, everything except the queasy feeling in my gut. I wondered if it could be from the leftover pizza I ate before I left home. Now I know it was my conscience telling me—through my body—that what I was planning to do was not good.

I went over to this one woman and started a conversation about being in recovery and how good my life was going. I asked if she would be interested in spending some time with me, just walking and talking. At that moment, I stopped myself. How dare I lie to this woman, I thought. Nothing in my plans called for talk. Talk was not what I was looking for.

- Bobby M., Fort Thomas, KT

The big "Lie" *Grapevine, April 2023*

**Her interest in service was met with what some might call a little fib.
But it sure changed her life**

When I was sober about five years, I reached a turning point in my sobriety. I had worked the Steps and sponsored a few women. I attended a lot of meetings, and I held a group service position. But the meetings were beginning to feel like the same thing every night. That's when the general service representative (GSR) of my home group approached me with a list of questions. He said that these questions were about issues that our delegate wanted us to respond to and he hoped that I would help him by answering some of them.

The questions had to do with the Traditions, taking inventory and some other topics not ordinarily discussed at our AA meetings. I was amazed at how interesting the questions were. I wrote long answers and when I returned my paper with my answers to the GSR, I told him that I might want to get involved in general service. He told me that this was my lucky day. Our alternate GSR had just resigned and he was sure that the group would love to have me fill the position.

Then he told me the big "lie" that started me on the journey of a lifetime. He said, "All you have to do is go to one meeting a month and you don't have to say anything." Right.

At first, that's all I did. I was attracted immediately to the people at the district meeting. That's what kept me coming back at first. They gave me the AA Service Manual, and since I didn't do well at asking questions, I read the manual thoroughly to figure out what was going on.

One night, I went to the district meeting and our GSR wasn't there, so they called on me to report about our group. Since I had been paying attention, I knew just what to do and what to include in my report. It went fine.

That was the beginning of my participation and my growing sense that I was a part of the meeting. It was some years later that I got the two greatest suggestions for success as a GSR. First: Do your homework. Read everything—all the minutes, newsletters, reports and documents that come to you as part of your service commitment. Second: Become a student of the movement. Learn eagerly everything you can about AA. Attend every event that can further your knowledge and understanding.

Soon I was invited to attend assemblies. People told me, "You'll love them. You'll have fun and make life-long friends." Since I was still incapable of carrying on a normal conversation, I found this possibility unlikely. Eventually, people offered me a ride, along with some travel funding, and that got me to the assembly where, once again, I was attracted to the people and the remarkable way they interacted with each other.

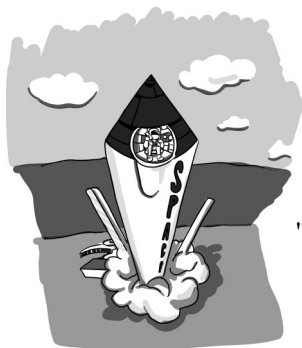
When it was time for area and district elections, my group elected me their GSR and I continued to attend district meetings and area assemblies thanks to the help of experienced service people who had learned about the "care and feeding of GSRs." They didn't just tell me to go places. They called or sent postcards to remind me, they offered me rides and, when overnight travel was required, they made reservations. They held my hand and walked me through it until I could do it myself.

My decision to make myself available for DCM and later for area officer was motivated by my desire to continue to be a part of the amazing adventure with the service people I met. What's even more amazing is that I did, in fact, make lifelong friends. I met my sponsor at a district meeting and have since had the joy of sponsoring women I've met through various service activities. I've learned important life skills, such as making reservations for dinner, lodging and travel, making phone calls, using road maps, leading meetings, listening politely and carrying on conversations that do not have me as the main topic!

I had no idea when I made myself available for alternate GSR that day that I was embarking on a journey of living the Sixth and Seventh Steps in action. I humbly asked God to remove my defects of character and he provided me with all the opportunities I needed to practice new behaviors. If I had waited until I thought I was qualified for the job, I'd still be waiting. Instead, I became qualified as I served.

Today, responsibility no longer terrifies me. Instead, it excites me because I know that it will be another great opportunity for growth.

I don't have any idea what, if anything, I have done for AA since I started doing this kind of service, but I do know how much it's done for me. - *Barbara M., Sequim, WA*



"Hey it's Jim, your sponsee, I realize I haven't called in you a while..."

**BILINGUAL
AA GROUP**

SAT AUGUST 16TH

**35TH ANNUAL
ANNIVERSARY
★ DINNER ★
& SPEAKER**

**PATRICIA G. 15 YEARS
from Bilingual Group**

**6pm Speaker
5pm Dinner**

**50/50 Drawing & Baskets
\$15 DINNER TICKET
Doors open at 4pm**

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MOTHERLODE AA MEMBERS OF CNIA District 30

PRESENTS

ANNUAL UNITY DAY 2025

WHEN: AUGUST 9th FROM 12:00-6:00^{ISH}

WHERE: AMERICAN LEGION HALL

11350 American Legion Drive

Jackson, CA

Guest Speaker(s):

- Caroline L from Sacramento Jaywalkers Al-Anon
Group

AA John B From Ladera Ranch (Orange County)

email: lb_reaves@yahoo.com

Preen Like a Peacock Grapevine, January 2013

He learned the hard way that being right is not the way to fly

Before search engines came along and took all the fun out of it, I loved to argue with family members about some trivial point, such as which actor played which role in a movie. Then when evidence was presented that proved I was correct, I would preen like a peacock.

That's why it's so ironic that my biggest growth in the AA program came from an incident when I discovered I was wrong. In 2005, as part of my role as GSR and DCM Chair, I was involved in developing an AA area website. The previous committee had painstakingly developed guidelines that spelled out everything from how to run the website to what sort of content could and could not be approved. When I joined the committee, one of the first things I did was make a cartoon which I showed the other members, and which they approved. It was placed smack dab on the front page of the website. But soon there were complaints, so we took it down.

Then I wrote a recap of an assembly and mentioned "Star Wars" to make a certain analogy. Someone thought that was affiliation, so we took it down. Then we decided that the guidelines were too restrictive, so we drafted a motion to put a little W-D 40 in the joints, so to speak, and loosen them up so we could become trusted servants and not robots (or droids). When our motion came up for discussion at our monthly area meeting, there was almost overwhelming support for it from the members who came to the microphone to speak.

Then it happened: One by one the area officers came to the mic and spoke out against our motion. Some even seemed to impugn our motives. I was beyond livid. Many of the officers were friends and people I respected. I was not just angry—my feelings were hurt. I had never quit a service position in AA except once because of work, but now I was this close to doing it.

I went into battle mode and expressed my anger and disappointment to the officers. They apologized and to heal the riff, they offered to take us out for a meal after the following month's meeting. It worked, and I calmed down, but after dinner one officer said, "Now that we have taken the emotion out of it, have you guys even used the guidelines that we have?"

The answer to that question was, embarrassingly, no. Truth be told, we each were probably only familiar with the most obvious parts of the guidelines—like not putting up on the website members' last names or non-AA related materials. The officer presented a reasoned, cogent argument that really had nothing to do with the website committee personally; it spoke only to the way we functioned and how it might affect future panels.

She made a heck of a lot of sense. For the next few months the area committee discussed the motion, and when it was time to vote, it failed by a wide margin. I don't remember exactly, but I think I abstained. Heck, had we discussed it one more month, I probably would have voted against our own motion.

Shortly afterward, we drew up a routine housekeeping-motion—as per the unchanged, restrictive guidelines—and, wonder of wonders, it served us just fine. By the end of the panel, we had completed a number of other projects that improved the site. Eventually, we were left to wonder what more we could have accomplished had we not let our egos suck us into this mess.

Still, working through that resentment and seeing the bigger picture, and most of all, seeing when I was wrong, helped me grow immensely. I still love to be right, but my preening days are over.

- T.W., Fairfield, CA

Where my life began

Grapevine, September 2019

Young and terrified, he left his rough, drunken world and walked through a door that said "Welcome Home"

I was 25 when I walked into the Here's H.O.W. Group in Carbondale, Illinois in 2003. I believe it was February. I was desperately ready for something, and something in me seemed to be leading me there. It had been 15 months since I had had a drink or a drug, as far as I knew, and my mind was chattering at me nonstop about alcohol, drugs and suicide.

I don't remember much of what came out of my mouth in that meeting room, let alone what anyone else told me. But the man who became my first sponsor, Cliff M., told me, "I'm glad you're here." My alcoholic thinker was telling me to leave because there weren't any people my age in the room. And worst of all, no girls I might date!

I had nearly died already at least once by choking on vomit. Of course, in my mind I had never been too drunk to drive either. Yet I'd leave places in blackouts. When I was drinking, I'd get physically, emotionally and verbally abusive and end up in the worst neighborhoods. I dimly remember being in some gang's territory in Chicago once, getting a firm talking to by a prostitute named "Snow" about how I shouldn't be running around with no shirt or shoes. This disease brought a vicious darkness that wouldn't go away.

It is still possible that I badly hurt or maybe even killed someone in one of those blackouts. They were that bad. A horrible drunk took over my body when I drank. I did not end up at the Here's H.O.W. Group by mistake.

Thank God the members at Here's H.O.W. treated me like a sick, terrified kid with nowhere else to go and nothing to be ashamed of (typing this still brings up tears for me). The old-timers treated me like a son. Matt P. took me with him everywhere and got me to go out and eat with the others. Winston M. always put out his hand and gave me a smile that had nothing hiding behind it. Lee shouted out a greeting to me whenever I ran into him at the grocery store. Tony L. started sponsoring me when Cliff got too busy (and tragically did not stay sober). And when I got to Steps Six and Seven and shared that I felt like I was "all defect," Rochelle gave me a comforting, grandmotherly hug. These members more than lived up to the sign on the group's door: "Welcome Home."

Since those early days, I've met many alcoholics who came into AA and sobered up at my age or younger—some with decades of sobriety now.

For about five years, I was part of the Young People's Group in Columbia, Missouri. It was there that I first learned about ICYPAA (The International Conference of Young People in AA), when members of our state YPAA chapter came and served us pancakes!

I met a guy there from New York named Kurt, who got sober at 16 and reached 33 years sober. He told me he follows the old-timers Harvey S., Lisa S., Tony C., and my hero, Mel B. They all got sober around my age. Mel reached 66 years of sobriety before he passed!

My current sponsor got sober at 21. He has 29 years now and may have more enthusiasm for Twelfth Step work than anyone I've ever seen. He's encouraged me to do service work with our AA archives, which is how I got to interview Chuck



Lei'd at the Lake

Maple Square's 34th Annual Picnic

Saturday July 26th, 2025

At Lodi Lake Ron Williamson Youth Area

(Please park in designated parking spots, no parking allowed on access road or grass)

10am-1pm: Fellowship and Outdoor Games

(Bring your family, friends and chairs)

1:30-2:20pm: Potluck BBQ

(Bring your favorite side dish or dessert)

2:45pm: Sobriety Countdown

3pm: Speaker Meeting (Don J. 35 Years from Pleasant Hill)

4pm: Gift Basket Drawing



Big Bookers Monthly Birthday Speaker Meeting AA



**Friday, July 25, 2025 at 7:00 P.M.
Sid from Valley Springs**

**Join us for an evening of birthday celebrations
440 E Kettleman Lane – Suite C in Lodi**

A., who helped start INCYPAA (Indiana Conference Of Young People in AA) in the 1980s.

That kind of service is just what I've needed. It helps me remember what I learned at Here's H.O.W. Group: My life didn't end with sobriety—it started!

- Chad P., Mt. Vernon, IN

Not a river in Egypt *Grapevine, June 2018*

Even in sobriety, denial ruled his life.

But Step Six and a cool Higher Power helped him begin to accept reality and lift his head out of the sand

"Your daughter has something in her lung," the doctor said. "She needs to have it removed and it needs to be today."

My daughter was 18 months old when she inhaled a popcorn seed deep into her left lung. It was a big deal and had to be surgically removed. When the doctor used words like "probability of death" and said, "She could incur permanent damage," well, let's just say that I handled the news like I usually handle anything that scares me.

"This doctor is nuts," I said to my wife. "We should get a second opinion." And some vodka, I thought to myself.

Denial. We all live with it. It's the first of the five stages of grief. Denial not only presents itself in my life when someone dies, but whenever anything happens that involves having to accept any kind of change that scares me. I go into denial at work, over finances, with my kids, my wife, my sponsor. Doesn't matter. If something is about to happen and I don't want it to happen, then it didn't happen. Denial is one of my defects of character. It is the first aggressive angle I take to say no to reality.

As an alcoholic, I use denial as a weapon because I really, really want things to go on as they were. People tend to retreat when I get snide and cocky. I'm really good at it and I'm even better at it when I'm hammered.

When it came to my drinking, my denial was unbreakable. There wasn't a spouse, a parent, a therapist, a friend or a religion that could convince me that I had a problem. And even when alcohol stopped working for me physically, mentally, spiritually and socially, I still wanted it in my life. That's how powerful the obsession was for me. I did not want to stop drinking.

So when I got to AA and accidentally got a sponsor, I did what any upstanding drunk would do when it came to Step One: I faked it. "Oh, yes. I am an alcoholic," I said. "I am powerless over alcohol. Sure, my life is unmanageable." I'm ready for Step Two, suckers!

But as I faked it, even though I was staying sober, my life got worse. My wife asked for a divorce after I got sober; my relationship with my kids broke after I got sober; I saw my financial situation failing after I got sober; I realized I had no friends after ... shall I go on? My life really was unmanageable. It's amazing what a few weeks of "undrunkness" will show a person. I was in serious denial over all of it.

I have said in meetings many, many times: the only thing that alcohol has ever given me was the gift of desperation. Desperation drove me to try a couple of new things that were foreign to me—honesty and God.

I was terrible at honesty when I got to AA. I lied and distorted everything for person-

al gain and to avoid confrontation. Even when I could tell the truth, I lied. Just a little tweak here and a little fake there and I looked like an even bigger hero, or a much more generous person, or a martyr or just an all-around great guy.

It took a lot for me to go to a meeting and finally admit that I used alcohol to fix my life and that I didn't want to stop, that I was scared, unhappy and alone. But from that moment on, my life has not been the same.

That was my first lesson in true acceptance, and it is acceptance that eventually overcomes denial in my life. I don't have to be OK with a situation that develops. I just have to stop denying that the situation is there. If I work an honest program, acceptance soon follows.

I did get to make one choice as an alcoholic. I got to pick a cool Higher Power, and that Higher Power will exist as long as I try to give him my life and connect with him every single day.

Every now and then, the old version of me pops in for a sneak attack, but it only takes over temporarily, thanks to the Steps and all the other resources that AA has given me: meetings, a good sponsor, literature, good conversation with other alcoholics and some service work equals acceptance. It is all wrapped up in the power of my God.

I pray for the newcomer and for anyone who is starting over in this program to get a good sponsor to take them through honest Step work, so that they can ultimately seek and find a Higher Power to manage their daily lives.

God was there for my daughter during her surgery. Even though I didn't know him very well at the time, he was there. He was always around, actually. With the help of AA, I can see him in my life now and it is amazing.

For today, I feel that AA is and always will be a part of my life. God willing, I'm not in denial about that.

- R.T., *Queen Creek, AZ*

Entirely ready *Grapevine, May 2018*

When I first read the Twelve Steps, there were a few I expected to be difficult—especially Four and Nine. I dreaded listing all my faults and making amends the most. But once I started working them, I noticed a few other Steps that took much more effort than I anticipated. The First Step was really hard. I had just gotten my third DUI, lost my job and was living in a treatment center, yet I still had trouble saying my life was unmanageable.

My Fifth Step was one of those things I was eager to do but was also dreading. The Fourth Step was difficult. The judge had given me the option of being in treatment for two months or going to jail for a year and there were times I felt that jail seemed like a better option! In jail, I could just sleep, watch TV and read books. There was none of this introspection or discomfort. I was sick to my stomach a lot during the week I worked on my Fourth Step. But I was ready to rid myself of all that crap that had accumulated over my years of active drinking.

In the end, I felt great doing Step Five. It was a cathartic experience, very personal. My big revelation came after I'd admitted to another human being the exact nature of my wrongs. I was also lucky that there was an outdoor bench swing in a nice shaded area where I could sit and do my Sixth Step after.

And boy, was I ever wrong about how easy it would be to ask God to remove my shortcomings. I never realized how attached I'd gotten to all of my little peculiarities,

BIG BOOKERS

IN TOWN SPEAKER NIGHT

July 11th 2025 at 7:00 PM

Alex G. from Solutions



440 E KETTLEMAN LANE

LODI, CA





Join Us For Our Monthly LIVE, IN PERSON
Birthday Celebration

&
Speaker Meeting

Saturday, July 5, 2025

Our Host Group Is

SANJYPAA

Speaker:

TBA

Doors Open at 7:30 pm
Meeting Starts at 8:00 pm

First Presbyterian Church
31 E. Vine Street, Stockton 95203

Parking is off Center Street behind the Church

We will be serving Coffee, Snacks, Water, and Soft Drinks.

quirks and vices I'd developed over the years. Much like a cancer that had to be removed, I felt like these defects were part of me that I'd nurtured, watched grow and cared for. But they were also like a bad friend who was always borrowing money and never paying me back ... or an abusive husband or boss. It was still hard for me to let some of them go.

Then all of a sudden, I saw something that made it all easier. As I sat there on that swing in the shade, I saw a spider crawling around on the wooden frame of the bench. I watched as he spun a small length of thread, stuck it to a board and let go. When the wind picked up, it took him to the other side where he would continue to spin his web. I found that to be the most accurate description of faith I'd ever seen. This spider picked a spot to start and simply let God make the rest of the decisions regarding how his house would look. He wasn't getting in the way. He wasn't building and hanging on to resentments. He didn't want to keep his defects of character (if spiders have such defects!) even though they might be weighing him down.

Right then I said the Seventh Step prayer for the first time. And now, whenever I feel like taking control of my life and grabbing those old defects of character, I remember to be like that spider and just let go and let God.

-Zachariah B., New Philadelphia, OH

The View from Here: - Each Month a Group of Past Delegates to the General Service Conference Will Talk About the Traditions

Grapevine, June, 1996

It is little wonder that Tradition Six follows Tradition Five. Yes, an AA group with its primary purpose ought never endorse, finance, or lend its name to any outside entity because money, power, and prestige would obscure our purpose.

Experience taught us to stay away from all those outside interests. We learned that although we can borrow from religion, medicine, and psychiatry, we are not any one of them. We cannot run hospitals nor half-way houses, nor marry the group with a religious sect. We cannot send lobbyists to Congress and we don't mix AA with banking enterprises. We aren't educators nor counselors. We cannot lend our name to any other cause except our own. The more we mind our own business, the greater our influence becomes; medicine, religion, and psychiatry start borrowing from our experience and ideas. So do the fields of education, research, and rehabilitation. All kinds of groups based on AA's Twelve Steps have evolved, groups that deal with gambling, eating, drug addiction, mental illness, divorce, etc. They've borrowed from the AA program and made their own adaptations. We didn't have to endorse them or lend our name. This tells us strongly that the more AA sticks to its primary purpose, the greater will be its helpful influence.

Early lessons of money and power have taught us that AA can work best if we have no bosses, and if there are not great amounts of money to deal with, if money is kept to the minimum, to pay our expenses and keep a prudent reserve. We've come a long way, and shall continue to grow if we don't seek power, prestige, or wealth so that we may keep our minds focused on a single purpose.

- Raul M., San Antonio, TX

International Convention 2025 Update Countdown to Vancouver!

There's still time to [register](#) for the 2025 A.A. International Convention in Vancouver, British Columbia, Canada, July 3-6, 2025.

Join your A.A. friends and guests for a convention full of opportunities to enjoy fellowship and fun.

- Thursday night party, flag ceremony, the stadium Big Meetings, and the Saturday night Old Timers meeting featuring speakers with 50+ years of sobriety.
- More than 250 different meetings to choose from on a variety of topics — and marathon meetings for those who want to sleep after the convention is over!
- 20+ Hospitality Suites.
- Visit the GSO Archives display and the Carry the Message Pavillion. Take part in the Walk the Walk from the Vancouver Convention Centre to BC Place.

Volunteer opportunities still available! Get the latest information on volunteering here.

Register for convention today [here](#)! Housing options still available — check out our Housing Resources information [here](#).

Learn more about IC2025 at aa.org/international-convention

Unable to attend the 2025 International Convention In person? There are options for you to participate!

Register for a Virtual Session Program Track.

This is a two-day eight-session virtual program track for individual viewing at home. The sessions will be live-streamed as they take place and will *not* be available for purchase after the Convention. The cost is \$35 (USD).

You can use the Online Registration portal to sign up for the **Virtual Session Program Track**: aa.org/international-convention

Purchase the 2025 International Convention Three Big Meetings Video Product

An anonymity-protected video recording of the Three Big Meetings in the stadium will be available for viewing after the Convention. The cost is \$60 (USD). Once you purchase the video, you will receive instructions via email *after* the convention about how to view the anonymity-protected video recording.

You can purchase the **Three Big Meetings Video Product** as an ancillary product through the Online Registration [portal](#). If you are already registered for the Convention, log in to your registration record via your email confirmation and add the video to your purchase.

Friday, July 4, 2025:	9 a.m. – 10:30 a.m. PDT	A.A. Around the World Call Up I
Friday, July 4, 2025:	11 a.m. – 12:30 p.m. PDT	Online Meetings, Are We Hiding Behind Our Screens?
Friday, July 4, 2025:	1 p.m. – 2:30 p.m. PDT	Unity: The Most Cherished Quality
Friday, July 4, 2025:	3 p.m. – 4:30 p.m. PDT	Living Sober
Saturday, July 5, 2025:	9 a.m. – 10:30 a.m. PDT	A.A. Around the World Call Up II
Saturday, July 5, 2025:	11 a.m. – 12:30 p.m. PDT	H.A.L.T.
Saturday, July 5, 2025:	1 p.m. – 2:30 p.m. PDT	Intensive Work with Other Alcoholics
Saturday, July 5, 2025:	3 p.m. – 4:30 p.m. PDT	Celebrate Sobriety

There will be eight (8) 1.5-hour topic sessions to view. There is a half-hour break between sessions.

Big Bookers Birthday Speaker Meeting

Friday, June 27, 2025

7:00 p.m.

Rajdeep from

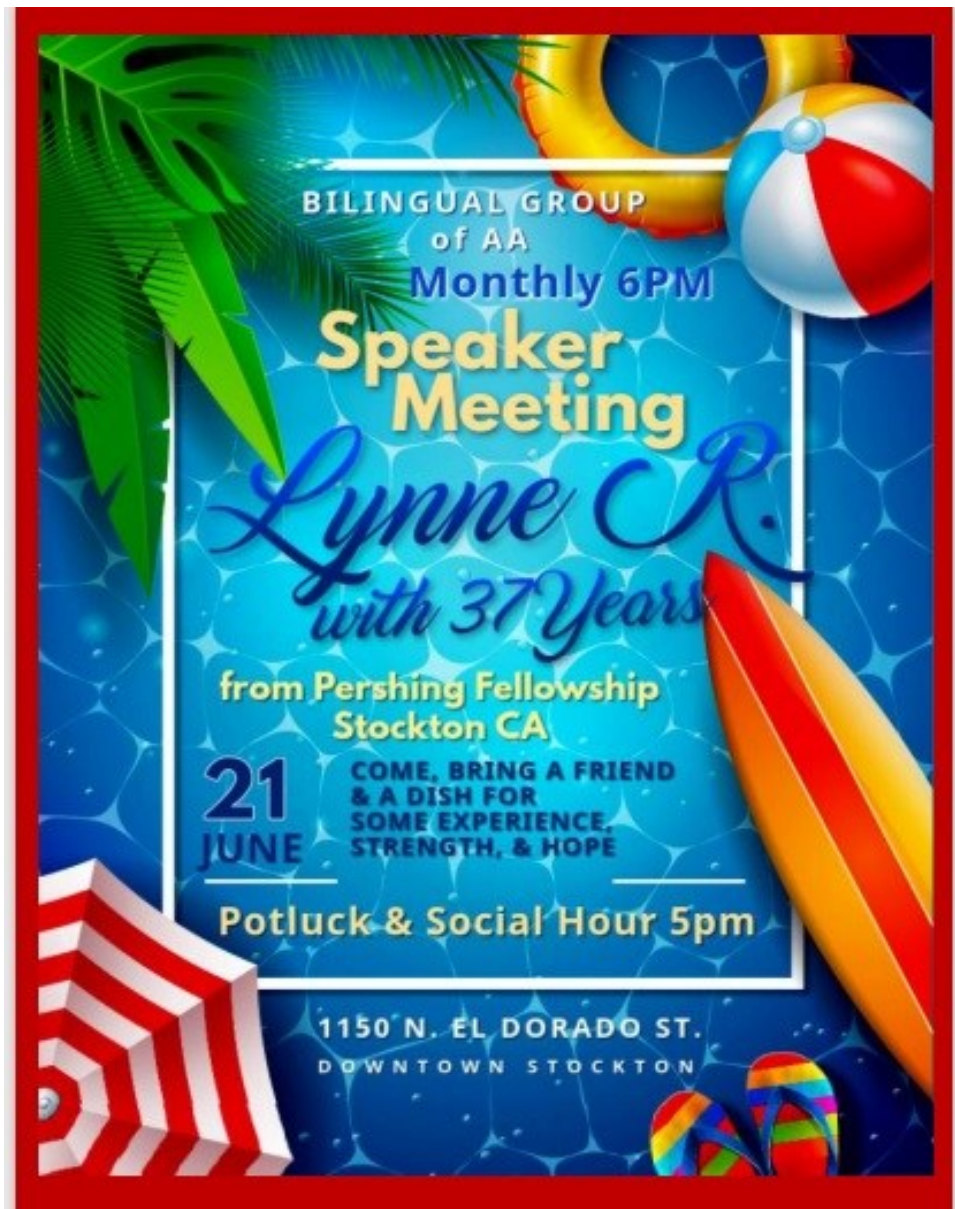
Precisely How We Have Recovered



Join us for an evening of birthday celebration

440 E Kettleman Lane Lodi





Box 4-5-9 is published quarterly by the General Service Office of Alcoholics Anonymous, 475 Riverside Drive, New York, NY 10115, www.aa.org

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Note on anonymity: From time to time in this publication full names and/or pictures of GSO employees, Class A trustees and other nonalcoholics are used. The anonymity of A.A. members is maintained, as they are identified throughout by first name and last initial only.

NEW! Watch Party Viewing Option

The General Service Board has approved a tiered-pricing registration option that is now being added for Groups and Information Gathering Watch Parties. Intergroups/central offices, districts, areas, and local A.A. groups have requested this option. A Group and Information Gathering Watch Party coordinator must register and pay a 2025 International Convention Virtual Program Session Track registration fee based on a tiered number of Watch Party attendees as follows:

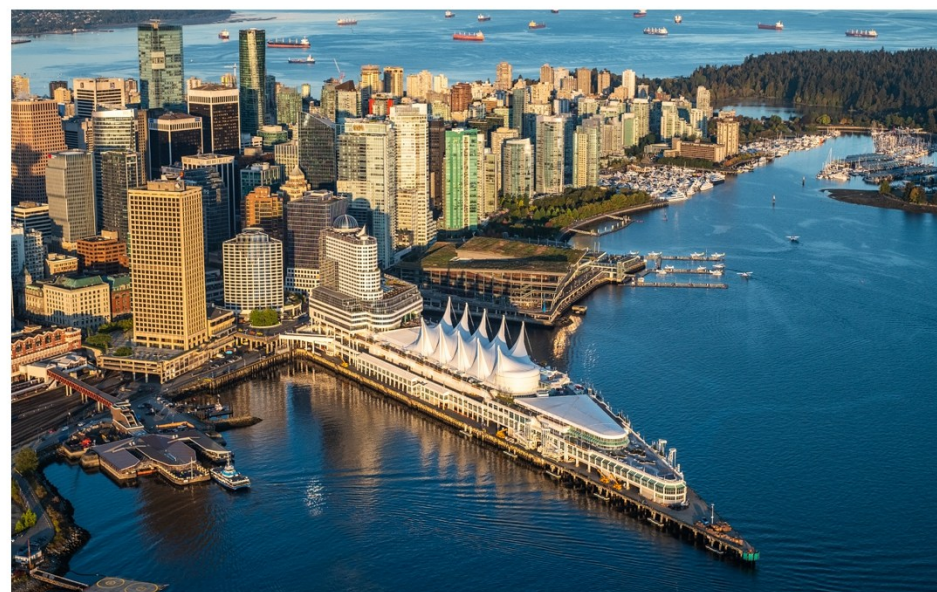
1. 6-20 attendees = \$200.00 (USD)
2. 21-30 attendees = \$300.00 (USD)
3. 31-40 attendees = \$400.00 (USD)
4. 41-50 attendees = \$500.00 (USD)

You can register for this Watch Party viewing option at [Watch Party Viewings Registration](http://WatchPartyViewingsRegistration)

How to Coordinate and Host a Watch Party

- Gather a group who would like to get together to watch the virtual program session track.
- The coordinator would pay for the group based on the board-approved tiered-pricing structure based on how many attendees will attend the Watch Party.
- The coordinator must have a place for people to meet for the Watch Party.
- The coordinator will need to ensure how people are going to view the virtual program — for example, laptop connected to a TV screen, projector on screen, etc.)
- The coordinator could request reimbursement from the other attendees for their portion of the cost of registration based on the tiered pricing for the number of people in the group.

Learn more at aa.org/international-convention.



■ Call for Military Veteran A.A. Members for Interview Project



The General Service Board trustees' Committee on Cooperation with the Professional Community/Treatment and Accessibilities is pleased to announce the launch of the "Military Veteran Interview Project". This initiative invites A.A. members who are veterans of the United States or Canadian Armed Forces to participate in a unique opportunity to share their experiences.

The goal of this effort is to enhance A.A. outreach efforts specifically tailored to military veterans in the U.S. and Canada. A key component will be the creation of several audio interviews, in which anonymity-protected A.A. members who are military veterans share their experience, strength, and hope — focusing on the intersection of military service and recovery in A.A.

The project is seeking representation from a broad spectrum of veterans across all branches of the Armed Services in Canada and the U.S. The aim is to include voices from a diverse range of backgrounds, ranks, ages, genders, orientations, and operational experiences. Each story will illustrate the journey of recovery and sobriety during or after military service.

If you are an A.A. member and would like to learn more about this project or volunteer for an interview, **please reach out to the U.S. and Canadian points of contact via email at:** militaryoutreach@aa.org. The anonymity of all participants will be rigorously protected.

Please share this information widely within the A.A. Fellowship to reach as many members and trusted servants as possible.

Listen to audio interviews of active-duty A.A. members at aa.org/military.

■ Opening for Nontrustee Director for A.A. World Services

There will be an upcoming opening for a nontrustee director position in 2026 for A.A. World Services, Inc. (AAWS). Nontrustee directors are A.A. members with a minimum of seven years of continuous sobriety and a working knowledge of the A.A. service structure, selected for their business or professional experience that relates to the activities of the corporation. Per the AAWS bylaws, a nontrustee director can serve up to four successive one-year terms. The time commitment includes availability to attend all regular meetings of the AAWS Board (currently up to eight per year), three weekend meetings of trustees' committees (to which corporate board directors are appointed) and the General Service Conference for one week in April. In addition, directors may be called upon to attend subcommittee or other meetings and to represent AAWS at Regional Forums or other A.A. functions.

In seeking applications, the Fellowship is committed to creating a large applicant file of qualified persons which reflects the inclusiveness and diversity of A.A., and interested A.A. members are encouraged to apply. Full details on how to apply will be made available on the aa.org "What's New" page, the news section on Meeting Guide app, and in a letter to Conference members and the Fellowship later this spring. The deadline to receive submissions is July 1, 2025.




RAINBOW FELLOWSHIP
240 N. CALIFORNIA ST STOCKTON CA 95202

BIRTHDAY NIGHT RECOVERY DANCE

June 21 2025

BIRTHDAY CEREMONY STARTS AT 5 PM

DANCE IMMEDIATELY FOLLOWING

ENDS AT 9PM



Kids activity's and games for adults



IF YOU ARE CELEBRATING MONTHS OR YEARS COME OUT AND ENJOY
SOME GOOD OL' FELLOOWSHIP @ RAINBOW.

FOR MORE INFO CALL: Larmario (209)9101253

Pershing Fellowship

1049 Rivara Road, Stockton

Speaker Meeting

Ron J., 34 years
Modesto



Saturday, June 21, 2025

6 pm Speaker

Hybrid / Zoom

ID: 167 811 008, Password 12345

ARE YOU GONG TO VANCOUVER?

Grapevine is excited to offer A.A. members the opportunity to volunteer at the International Convention.

We have time slots available for you to help Grapevine Carry the Message. Be a:

Booth/Kiosk Attendant
Grapevine News Carrier
App Ambassador
Workshop Facilitator
Podcast Participant



We will offer multiple online trainings & in-person support at the event.

Please reach out to us using email address:
ic2025outreach@aagrapevine.org
to help Carry the Message!

*Grapevine & La Vina International
Convention Volunteer Committee*

AAGRAPEVINE, Inc.



Willingness - 2024

Willingness is at the core of the Sixth Step

Whenever it seems that I have nothing new to write about on the “Step of the Month”, life throws something into my path that I just *cannot* stay quiet about. I have recently been made aware, yet again, that one of my most tenacious character defects is a difficulty in managing disagreements with others. Not so much the disagreements themselves, but my *feelings* about those differences of opinion.

My favorite definition of *empathy*: It is an understanding that someone else’s reality is just as real as my own. Sounds simple, right? But, I find this standard very hard to live up to, especially in the company of others who cannot acknowledge *my* reality. Earlier this week, someone in a meeting said, essentially, there’s only one way to do this program. When I approached them later to talk about this, I was told that they already knew I felt differently on the subject, and that when I was ready, they would be there to help me. Help me? To what end? To change my mind? I was stunned into silence, and under the circumstances that turned out to be the best possible response.

I’ve learned that, in many cases, the only way to win an argument is to walk away from it. I can recognize that the flaw is in the listener, not in any argument I might make. *My* flaw is that I can keep the internal argument going for *days* to deal with the feeling of being erased because someone is deaf to what I’m saying. My voice only counts with people who are not, intentionally or otherwise, hearing impaired. Without their willingness to listen, my words are but chaff on the wind. *I* need to hold a willingness to let it go when further discussion is useless.

As a general rule, I do try to earn a reputation for being a thoughtful, sober individual. Generally, and in moderation, that’s not such a bad thing, especially when it makes me think, think, think before I shoot off at the mouth. But in this particular instance, I really do understand that whatever this person thinks of me is totally, quintessentially, irrelevant. More simply, what you think of me does not define me. I’m in charge of who I am, not anyone else. I’m also the sole person in charge of my sobriety. That’s both my right and my responsibility. So, I want to thank this person for giving me the opportunity to put this character flaw of mine in focus, and to make me willing let go of the need to *convince* them.

Now, for the other side of the coin. . .

Growing up, it was my mother’s rigid belief that everything in our closets had to be hung facing to the right. If one article of clothing was “backwards”, then the whole closet wound up on the floor to be re-hung “properly”. I always found this part of my mother more than a little crazy. Lately I have become aware of how stubborn I, too, can be about how to do things “the right way”.

I’ve been running the Central Office for a little more than five years. For most of that time, I’ve run it as a one-man show. At the beginning, the learning curve was so high that I don’t know how I could have done it any other way. Lately, however, I am increasingly aware that I need to *willingly* share the responsibility, not for my sake, but for the health of the Central Office.

The great need for the future stability of Delta’s Central Office is that there be many members actively participating in its operation. I have spent five-plus years learning *my way* to make the office run smoothly, and it’s now time to encourage others to not only help, but to find their own ways of getting things done. I micromanage through a desire to control the outcome, and also through pure lack of imagination. There’s another way of doing that?! Well, who knew? I have become *willing* to share the burdens, the rewards, and the vision for Delta Central Office with others. We are blessed with incredible talents, generosity, and dedication to service in our members. I am learning to accept, *willingly* their input and contributions to our endeavor. Thank you fellow AA’s. for *your* willingness to go head to head with this stubborn old curmudgeon.

- Lynne R., Pershing Group, 2024

PRIMARY PURPOSE

7545 Murray Drive, Unit 3, Stockton



POTLUCK
&
SPEAKER MEETING
Saturday, June 14, 2025
@ 6:00 pm
Chris W., 34 years
Exodus
(Potluck Starts @ 5:00 pm)



BIRTHDAY
CELEBRATION
Saturday, June 28, 2024
@ 6:00 pm
(Doors Open at 5:00 pm)



Tracy Fellowship Annual



June 14th - 154 W. 10th St. Tracy, CA

★ ~ Speaker Mtg 8pm ~ ★

Doors Open 4:30pm

Featuring Live Music by "Unhinged" (5 - 7pm)

Tri-Tip BBQ Dinner (6:30pm) - \$15. Dinner Tickets

Fellowship History - Sobriety Countdown

Drawing - Prizes & Baskets

Opening Speaker - Francis S. (36 yrs) Tracy, CA

Main Speaker - Lance T. (39 yrs) Discovery Bay, CA



Willingness - 2025

There's this old joke about the stiff upper lip British sense of humor. While walking through a grove of English walnut trees, on his way home from the local pub (England, remember), this fellow repeats to himself a joke he heard earlier that night. A year later, an English walnut fell. It's a decent reminder that results from our actions are often delayed. Growth doesn't happen overnight, it's a process that takes time. So, if we are expecting instant results, we will be disappointed. On the other hand, when something happens, quite unexpectedly, a year down the road, it can truly be comfort for the soul.

Last year I wrote about a fellow member at birthday night telling the room that there was only one way to do this program - *their* way. I have heard many others say essentially the same thing, and it usually involves their belief that "Higher Power" must mean "God". As an atheist, I'm always left with the feeling that there was no room or allowance for me to choose *my* Higher Power. So, I collected my courage and talked to them at the end of the meeting, but it felt like talking to a brick wall. So, regretfully, I let it go. We have remained cordial and respectful of one another - they've even hugged me at meetings, and I've often wondered if those hugs were an unspoken form of amends, or acceptance. But there was always, for me, this unfinished discussion.

Last week, I again went to Birthday Night. And who should be there, celebrating another birthday and another year of growth? Yup. You guessed it. But, this year they said, "However you define your Higher Power, you have to have something in your life to believe in." (Not verbatim, but that was the gist of it.) Wow. And when I thanked them after the meeting, they said, "You know. I was thinking of you when I said that." Double wow. The brick wall had been listening, after all. And, because both of us had been willing to accept one another despite our differences, we were able to finish our discussion, one year later.

The Sixth Step is about finding the willingness to let go of our character defects. And there's a reason why it's its own Step, separate and distinct. Willingness requires commitment. And, as with all the Steps, it's not a one and done process. Those pesky defects cling to us like geckos to glass. We need to recommit our willingness on a daily basis, because the process of letting go takes time. In this world of information instantly at our fingertips, we seem to be hardwired into unrealistic expectations of instant results. We are not computers. For all our pre-sobriety lives, our defects have been our go-to survival skills, and letting them go before we have learned to trust our new skills requires a big leap of faith. So, it is easy to get discouraged, and give up, or blame ourselves for "not working our program".

These negative messages of blame and shame often eat away at our commitment. All the more so because we often neither see nor feel concrete, measurable results. Intention, while not sufficient by itself, is as important as results to our spiritual growth. So, too, is patience. Because, if we are patient, and maintain our commitment to change, results will sneak up on us. They may take time, but they have proven inevitable in my life. Sometimes, when I was struggling the hardest, that's when I was working my program for all it's worth. It was the struggle, not the results, that were the measure of my efforts and commitment.

Over the course of the past year, this other member and I have been maintaining a connection based in fellowship, despite our difference of opinion. The connection felt tentative on my part, because that is still in my nature. But after a year, an English walnut fell into my lap, and I have wrapped my heart around it for all of the past week. What a ducking miracle.

- Lynne R., Pershing Group, 2025

June's Word Puzzle 2025

Out of The Big Book of Alcoholics Anonymous

R R I E I O P I P L D E R N E E E R
Y S E R I T E A N E H E S A E R R E
I L T M E E I N R O M S S R E E A S
T I E C O I Y L N O M G R C O A M E
M P C R E R S E V R A N N S O D E T
M C R H I F S E L F P I T Y G Y N N
P D O R S T E E O Y S M A Y I R D E
A I S U Y S N D A L C O H O L I S M
S R H E T I G E H L U C F E U R S T
E A L S T S N O I T A T I M I L E N
N G P A W L I L E S I R P R E T N E
I Y U W U O L D G N W O C H L C S S
S M R R M T L N E E E H W E R H S E
S D P A Y T I L I B I S N O P S E R
L E O P M L W R E T C A R A H C L E
R B S E E I R E I F I N A N C E E U
N E E E H D R S C P E C E Y C L S T
S S F O M N D P R E S T I G E L U E

ALCOHOLISM
AMENDS
CHARACTER
DEFECTS
ENDORSE
ENTERPRISE
ENTIRELY
FEELINGS
FELLOWSHIP

FINANCE
HONESTY
LIMITATIONS
OUTSIDE
PRESTIGE
PRIMARY
PURPOSE
READY
REMORSE

REMOVE
RESENTMENT
RESPONSIBILITY
SELF PITY
SHORTCOMINGS
SINCERE
SPIRITUAL
USELESSNESS
WILLINGNESS

RAINBOW FELLOWSHIP

240 N. California st. Stockton CA 95205

REGULAR MEETINGS

Monday - Saturday - 7 AM, 10:30 AM, 5 PM

Speaker Night 2ND SAT. Birthday night 3rd Saturday

Speakernight

**50/50
DRAWING**

JUNE 14,

BEGIN @ 5:00 PM

15 MIN SPEAKER

RAINBOW FELLOWSHIP

FAHIM W. 4 YEARS

MAIN SPEAKER

RAINBOW FELLOWSHIP

FRED B. 36 YRS.



Bilingual AA Group
MEN'S MEETING HOSTING

FATHER'S DAY

Brunch
 & Speaker Meeting

SAT JUNE 14TH

9 am Tri-Tip Brunch
 10 am Featured Speaker
Billy R. 15 years
 from Primary Purpose

Drawing after Speaker
 1150 N El Dorado St Stockton CA

June Calendar, 2025

Sun	Mon	Tuesday	Wednesday	Thu	Fri	Saturday
1	2	3 P.I.C.P.C. BEGINNER'S SERIES 7 PM 860-3627-3183 PW: picpc	4 ADVISORY Committee 7 PM 870-4399-9037 PW: delta	5	6	7 SATURDAY NIGHT LIVE 31 E. Vine St. Stockton 7:30-9:00 pm (See Flyer)
8	9	10 P.I.C.P.C. BEGINNER'S SERIES 7 PM 860-3627-3183 PW: picpc	11 DELTA INTER-GROUP 1151 W. Robinhood Dr, B3 Stockton 7 PM 870-4399-9037 PW: delta	12	13	14 P.I.C.P.C 9AM-11AM 861 8890 4562: PW: PICPC
15	16	17 P.I.C.P.C. BEGINNER'S SERIES 7 PM 860-3627-3183 PW: picpc	18 GSR DISTRICT 37 1151 W. Robinhood Dr, B3 Stockton 7 PM 385-0821-680 Pw.666089	19	20	21
22	23	24 P.I.C.P.C. BEGINNER'S SERIES 7 PM 860-3627-3183 PW: picpc	25 Ad Hoc BYLAWS COMMITTEE 7 PM 870-4399-9037 PW: delta	26	27	28 H & I 1151 W. Robinhood Dr, B3 Stockton 10 AM 833 5105 7501 PW: Area82H&I
29	30	P.I.C.P.C. BEGINNER'S SERIES 7 PM 860-3627-3183 PW: picpc				

TWELVE STEPS CHECKLIST

“Alcoholics Anonymous Twelve Steps are a group of principles, spiritual in their nature, which, if practiced as a way of life, can expel the obsession to drink and enable the sufferer to become happily and usefully whole.”

p.15 Twelve Steps and Twelve Traditions

We hope this checklist will help the individual to become more aware of the personal changes that take place in our personal growth.

Step Six

“Were entirely ready to have God remove all these defects of character.”

1. Why do I believe that God can and will remove my defects? How do I know what these defects are?
2. Why do I trust my Higher Power to grant me release from the obsession with alcohol?
3. In what way(s) am I willing to make a beginning and continue working toward building character?
4. Where do the Seven deadly Sins of pride, anger, greed, gluttony, lust, envy, and sloth show up in my life?
5. What defects am I unwilling to give up? Do I honestly want to have all my defects of character removed?
6. How do I practice tolerance, acceptance and understanding of other people and groups? Whose ideas and behavior may differ from mine?
7. When do I trust that God will remove my defects from me? When will I be ready to change and raise my eyes toward perfection?

Traditions Checklist

These questions were originally published in the AA Grapevine. While they were originally intended primarily for individual use, many AA groups have since used them as a basis for wider discussion.

Tradition Six

An AA group ought never endorse, finance, or lend the AA name to any related facility or outside enterprise, lest problems of money, property, and prestige divert us from our primary purpose.

1. Should my fellow group members and I go out and raise money to endow several AA beds in our local hospital?
2. Is it good for a group to lease a small building?
3. Are all the officers and members of our local club for AAs familiar with “Guidelines on Clubs” (which is available free from GSO)?
4. Should the secretary of our group serve on the mayor’s advisory committee on alcoholism?
5. Some alcoholics will stay around AA only if we have a TV and card room. If this is what is required to carry the message to them, should we have these facilities?

BIG BOOKERS

IN-TOWN SPEAKER MEETING

June 13, 2025 at 7:00 PM

Paula A from Solutions Fellowship



VectorStock

VectorStock.com/50631870

440 E KETTLEMAN LANE

LODI, CA





THANK YOU FOR CARRYING THE MESSAGE

Birthday Gratitude

Name	Sobriety Date	Years	Name	Sobriety Date	Years
Nancy K.	5.24.72	53	Jeff K.	2.16.92	33
Sharon R.	8.28.79	45	Marla M.	9.11.96	28
June S.	4.13.80	45	Cheryl H.	4.25.97	28
Marilyn M.	8.3.80	44	Janice J.	1.20.99	26
Daniel R.	2.2.81	44	Candi G.	6.20.99	26
Christine S.	2.21.81	44	Howard H.	2.14.01	24
Mary M.	7.22.81	43	Janice B.	8.29.02	22
Lauretta G.	??.81	43	Mari P.	6.24.03	22
Linda C.	1.31.83	42	Tony L.	7.18.03	21
John P.	6.1.85	40	Douglas S.	11.10.03	21
Lyndy W.	7.25.85	39	Monica P.	12.1.03	21
John W.	7.20.85	39	Fred C.	10.31.05	19
Ojay O.	11.18.85	39	Rafael A.	8.2.06	18
Jenise C.	1.1.86	39	Keith H.	9.13.06	18
Arnold V.	4.8.86	39	Phil G.	1.21.07	17
Arch B.	3.7.87	38	AJ B.	10.20.07	17
G. Archer B.	3.7.87	38	Tina L.	11.26.09	15
Sue B.	4.25.87	37	Janice G.	10.26.10	14
Sue P.	11.29.87	37	Bob A.	3.31.11	14
Lynne R.	2.22.88	37	Taylor E.	1.24.13	12
Laurie S.	5.??.88	37	Pat K.	12.9.14	10
Mona A.	2.4.89	36	Kathy W.	1.11.15	10
Joy H.	6.2.90	35	Crystal L.	3.30.15	10



RAINBOW FELLOWSHIP

240 N. CALIFORNIA ST STOCKTON CA 95202



Men's Meeting

Starting

June 7th

Saturdays 1pm



JOIN THE K.I.T. BIRTHDAY GRATITUDE CLUB

☐ NEW ☐ RENEW Date: _____

First Name _____ Last Initial _____

Sobriety Date: _____, _____ years & counting

Suggested Contribution: \$1.00 per year sober.

Make checks payable to: **DCO or Delta Central Office**

Drop off, or Mail to: Delta Central Office

1151 W. Robinhood Dr., B3, Stockton, CA 95207

You can PayPal your payment to: deltacentral312@gmail.com

You can now also Venmo to [@Delta-Central](#) or Cash App to [\\$DeltaCentral](#)

June 2025 Group Birthdays

BIG BOOKERS

Bob P. 34 years

BILINGUAL GROUP

Alfredo P. 37 years
Mary T. 37 years
Jose B. (R.I.P.) 31 years
Jesse D. 29 years
Felix C. 23 years
Debra S. 19 years
Sandi L. 16 years
Gloria B. 16 years
JamieLynn C. 11 years
Angela C. 9 years
Phyllis B. 6 years
Mickey G. 2 years
Naomi G. 2 years

MAPLE SQUARE

Leda G. 49 years
Maribel A. 38 years
Eric 34 years
Gina M. 23 years
Jeff A. 8 years
Larry C. 4 years
Bec 2 years
Kendall M. 1 year



PERSHING GROUP

Jerry G. 52 years
Daniel T. 51 years
Celina C. 47 years
Wave Ann P. 43 years
Melody T. 38 years
Ted H. 37 years
Mary T. 37 years
Alfred P. 37 years
Tiombe W. 30 years
Joseph M. 29 years
Garry C. 23 years
MariGene P. 22 years
Kareem N. 20 years
Felecia 20 years
Doug G. 18 years
Kerry O. 17 years
Lisa H. 17 years
Mara G. 16 years
Jennifer G. 14 years
Ralph C. 13 years
Patrick R. 12 years
Eleanor W. 10 years
Laura O. 9 years
Kirk S. 8 years
Rachelle L. 7 years
Cristhian S. 6 years
Mark G. 5 years
Jason V. 5 years
Gloria C. 5 years
Christopher 2 years
Thaddeus B. 1 year
Elizabeth J. 1 year

Happy Birthday



Delta Intergroup of
Alcoholics Anonymous
Presents

Join Us For Our
Birthday Celebration
&
Speaker Meeting

Saturday, June 7, 2025

Our Host Group Is

Lodi Solutions

Speaker:

TBA

Doors Open at 7:30 pm
Meeting Starts at 8:00 pm

First Presbyterian Church
31 E. Vine Street, Stockton 95203

Parking is off Center Street behind the Church

We will be serving Coffee, Snacks, Water, and Soft Drinks.



Bilingual Group

ANNUAL PICNIC



FELLOWSHIP BURGERS & HOT DOGS

MEMBERS BRING POTLUCK DISHES

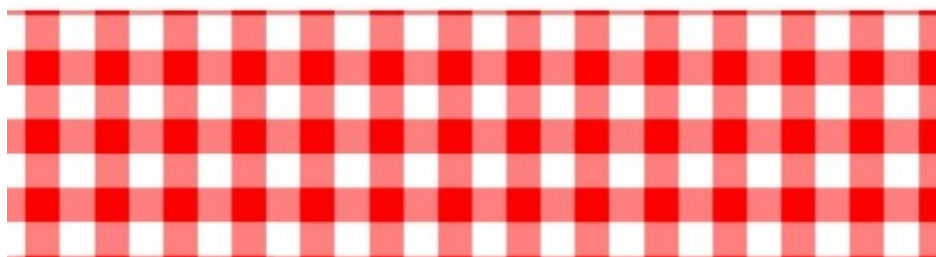
SATURDAY JUNE 7TH

From 11am until 3pm

FOOD SERVED 1:15 PM

50/50 DRAWING 2PM

VICTORY PARK



Group

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JULY 2025

Years

Years

Years

Years

Years

Years

Years

Years

Years

Years

Years

Years

Years

Years

Years

Years

Years

Years

Want to see your Group's Birthdays in our newsletter?

Send them to us!
The Best way
to make sure
we get them
is by e-mail:
deltacentral312
@gmail.com

Please, send
Next month's list by the
15th of
this month
for next month's
Newsletter!

January: Rainbow Fellowship
February: Maple Square
March: Recovery Central
April: Delta Central Office
May: Big Bookers
June: Lodi Solutions

July: SANJYPAA
August: Tracy Fellowship
September: Back To Basics
October: Pershing Fellowship
November: Porter Group
December: Bilingual Group



Delta Intergroup
Written Financial Report
May 14, 2025

Here is a summary of Income and Expenses for SNL May 3, 2025

<u>INCOME</u>		<u>EXPENSES</u>	
7th Tradition	\$ 288.70	Rent	\$ 85.00
50/50 Drawing	\$ 332.00	Coffee/Supplies/Tickets	\$ 14.94
Concessions	\$ 111.00	50/50 Drawing Prize	\$ 166.00
Literature Sales	\$ 138.13	Cost of Sales	\$ 87.96
TOTAL INCOME	\$ 869.83	Square Fees	\$ 1.44
NET GAIN	\$ 514.49	TOTAL EXPENSES	\$ 355.34

<u>BANK BALANCES 04/30/25</u>	
GENERAL ACCOUNT	\$ 4,377.33
LITERATURE ACCOUNT	\$ 2,683.23
SPECIAL EVENTS	\$ 2,089.48
SAVINGS	\$ 4,224.63
CERTIFICATE OF DEPOSIT	\$ 5,521.54
COMBINED TOTAL	\$ 18,896.21

This is a **\$941.31** decrease from last month's balance of **\$19,837.52**. We had our annual expense of \$1,777.00 for Insurance. We also paid Franchise Tax Board \$793.00 for second quarter sales taxes.

Inventory Sales	\$ 1,778.88
Contributions	\$ 3,032.60
Fundraising from SNL (April)	\$ 598.00
Savings Interest (Incl. CD Quarterly)	\$ 49.51
Total	\$ 5,458.99

INVENTORY: We invested a good deal of money into inventory over the last couple of months. In effect, we moved some of our savings account funds into back stock in our storage room.

INCOME TAX RETURNS 2023-2024: Our tax returns for last fiscal year, ending June 30, 2024 were e-filed about 10 days ahead of the deadline. The cost for the returns was \$512.50 for the accountant and \$50 for the Registry of Charitable Trusts filing fee.

As always, thanks for listening,

Lynne

Contribution Options:

SQUARE: Just reminding everyone that we can now accept contributions from groups and individuals using our Square point-of-sale app for credit/debit cards.

PayPal Account: You can also send contributions through PayPal using our deltacentral312@gmail.com email account. Both of these digital contribution tools are working smoothly.

Venmo: You and your groups can now Venmo donations to [@Delta-Central](https://www.venmo.com/Delta-Central)

Cash App: You and your groups can now Cash App contributions to [\\$DeltaCentral](https://www.cash.app/c/$DeltaCentral)



DELTA INTERGROUP
OF
ALCOHOLICS ANONYMOUS

Open Service Position Assistant Office Manager

Qualifications

A recommended minimum 5 years continuous sobriety, and prior experience in a Central Office service structure.

Responsibilities

The Assistant Office Manager shall become familiar with all duties of the Office Manager position as outlined below.

Account for all monies received by the Central Office. Make deposits, maintain stock of literature and other inventory, guide volunteers, oversee a monthly newsletter, report DCO activities at regular BoD and Intergroup meetings, manage agreements with outside vendors.

Interested?

For more information, or to express your interest, please attend the next Delta Intergroup Meeting on Wednesday,

June 11, 2025 at 7:00 pm

1151 W. Robinhood Dr. Ste B3, Stockton

or

Zoom ID: 831-9927-9187 Pw: delta



DELTA INTERGROUP OF ALCOHOLICS ANONYMOUS

Open Service Position Treasurer

Qualifications

A recommended minimum 5 years continuous sobriety, and preferred 1 year of Intergroup experience. The Treasurer shall be elected for a term of 2 years, and shall serve in of- fice for no more than two full terms. The treasurer shall assist in an advi- sory capacity to the succeeding treasurer for a minimum of six months.

Responsibilities

The Treasurer is responsible for accounting for all receipts and expenditures and shall maintain Intergroup's accounting system in accordance with good accounting practices. The Treasurer shall submit monthly detailed reports of income and ex- penses to the Board of Directors and to the Delegates, including a list of monthly and year-to-date contributions from member groups. The Treasurer shall annually provide the outside accountant with all the necessary information to file Federal, State, and Registry of Charitable Trust income tax returns.. The treasurer shall ensure that the Central Office files and pays quarterly Sales Tax returns in a timely manner.

Interested?

For more information, or to express your interest, please attend the next Delta Intergroup Meeting on Wednesday, June 11, 2025 at 7:00 pm
1151 W. Robinhood Dr. Ste B3, Stockton
OR
Zoom ID: 831-9927-9187 Pw: delta



Delta Intergroup of A.A. Income/Expense Report April 2025

INCOME				EXPENSES			
Account	April 2024	April 2025	Year To Date 2025	Account	April 2024	April 2025	Year To Date 2025
GENERAL FUND				GENERAL FUND			
From Saturday Night Live	\$ 244.26	\$ 599.00	\$ 1,549.55	Rent	\$ 1,690.00	\$ 1,829.00	\$ 7,243.00
From 7th Tradition	\$ 9,807.08	\$ 2,433.60	\$ 6,467.28	Insurance (Annual in May)	\$ 1,227.00	\$ 1,777.00	\$ 1,777.00
From Mid-Summer Picnic			\$ -	Instant Ink			\$ -
From New Year's Day			\$ 376.10	Tracfone Service	\$ 22.06	\$ 21.85	\$ 86.18
			\$ -	Digital Space (Web Domain)	\$ 16.42	\$ 17.73	\$ 66.99
			\$ -	Copy Machine Rental	\$ 279.22	\$ 279.22	\$ 1,118.14
			\$ -	Copy Maintenance (Quarterly)			\$ -
			\$ -	Comcast Internet/Phone	\$ 207.06	\$ 232.08	\$ 919.02
			\$ -	Zoom (Annual June 20)			\$ -
			\$ -	Office Manager Stipend	\$ 450.00	\$ 300.00	\$ 1,050.00
			\$ -	PI/CPC Pamphlets (Est.)			\$ -
			\$ -	Office Supplies (Deposit Slips)	\$ 129.69	\$ 48.00	\$ 48.00
			\$ -	Stamps (Taxes Cert. Mail) Stamps			\$ 9.68
			\$ -	Tax/Registration Fees/Bank			\$ 50.00
			\$ -	Financial Consultant Tax Prep.)			\$ -
			\$ -	BTG Postal Box			\$ -
			\$ -	Stockton Alarm Permit			\$ -
			\$ -				\$ -
			\$ -	New Computer (incl. Software)			\$ -
			\$ -	Ring Alarm Monitoring (Annual)			\$ -
			\$ -	Website Security Certificate (Annual)			\$ -
			\$ -				\$ -
			\$ -	Square Fees (Contributions)	\$ 1.40		\$ 1.06
TOTAL INCOME	\$ 10,051.34	\$ 3,032.60	\$ 8,392.93	TOTAL EXPENSES	\$ 4,022.85	\$ 4,504.88	\$ 12,369.07
LITERATURE ACCOUNT				LITERATURE ACCOUNT			
From General Sales	\$ 2,336.61	\$ 1,746.24	\$ 5,948.75	Literature	\$ 2,348.80	\$ 564.00	\$ 6,238.30
From Saturday Night Live	\$ 193.29	\$ 32.64	\$ 3,109.79	Medallions			\$ 181.95
From New Year's Day			\$ -	Special Medallions	\$ 38.00	\$ 704.48	\$ 2,389.31
From Mid-Year Picnic			\$ -	Postage (Mailing Literature)	\$ 10.82	\$ 11.38	\$ 31.19
Jackson Women's Conf.			\$ -	Franchise Tax board		\$ 793.00	\$ 1,528.00
			\$ -	Bank Fees			\$ -
			\$ -	Accessories			\$ -
			\$ -				\$ -
			\$ -	Square Fees	\$ 44.70	\$ 45.69	\$ 226.15
Total Income	\$ 2,529.90	\$ 1,778.88	\$ 10,804.78	Total Expenses	\$ 2,442.32	\$ 2,118.55	\$ 10,594.90
SPECIAL EVENTS ACCOUNT				SPECIAL EVENTS ACCOUNT			
Saturday Night Live	\$ 231.13	\$ 598.00	\$ 1,282.50	SNL Rent (Quarterly Jan/Apr/Jul/Oct)	\$ 255.00	\$ 255.00	\$ 425.00
Mid-Year Event Fundraising			\$ -	Special Events Supplies	\$ 163.49	\$ 675.45	\$ 908.66
Mid-Year Event Ticket Sales			\$ -	Mid Year Outdoor Event			\$ -
Mid-Year Picnic			\$ -	New Year's Day (Rent)			\$ 500.00
New Year's Day Brunch			\$ 1,898.00	SNL Supplies	\$ 36.98		\$ 35.49
			\$ -	Square Fees	\$ -		\$ -
Total Income	\$ 231.13	\$ 598.00	\$ 3,180.50	Total Expenses	\$ 455.47	\$ 930.45	\$ 1,869.15
SAVINGS ACCOUNT				SAVINGS ACCOUNT			
Interest	\$ 0.47	\$ 0.49	\$ 2.33	Bank Fees			\$ -
Total Income	\$ 0.47	\$ 0.49	\$ 2.33	Total Expenses	\$ -	\$ -	\$ -
CERTIFICATE OF DEPOSIT				CERTIFICATE OF DEPOSIT			
Interest	\$ 53.14	\$ 49.02	\$ 102.02	Bank Fees	\$ 49.02		
Total Income	\$ 53.14	\$ 49.02	\$ 102.02	Total Expenses	\$ 49.02	\$ -	
Total Combined Income	\$ 12,865.98	\$ 5,458.99	\$ 22,136.26	Total Combined Expenses	\$ 6,969.66	\$ 7,553.88	\$ 24,882.14
NET GAIN/LOSS	\$ 5,896.32	\$ (2,094.89)	\$ (2,745.88)				



Delta Intergroup of Alcoholics Anonymous
Central Office Contributions Report
January 2025-December 2025
Monthly Log of Donations

Fellowship	April '25	YTD
11th Step Meeting & Yoga		,
Al-Anon		\$ -
Anonymous Estate		\$ -
Anonymous Individual	\$ 139.00	\$ 354.00
Babes in Recovery		\$ -
Back to Basics	\$ 50.00	\$ 150.00
Big Bookers	\$ 30.00	\$ 172.10
Bilingual Group		\$ -
Birthday Gratitude		\$ 81.00
Business Persons Lunch		\$ -
Central Foothill Conference		\$ -
Coffee Break	\$ 15.00	\$ 15.00
Copper Group		\$ -
DCO Blue Can	\$ 9.00	\$ 76.00
DCO Business Meeting		\$ 77.00
District 30		\$ 300.00
District 33		
District 37	\$ 20.00	\$ 60.00
Don't Drink Today		\$ -
El Grupo Refugio		\$ -
End of the Line		\$ -
Escalon Grapevine		\$ -
Exodus Men's Group		\$ -
Fremont Fellowship		\$ -
Galt Fellowship		\$ 50.00
Galt Garden Club		\$ -
Ground Zero		\$ -
Grupo Sinceridad		\$ -
Hand in Hand		\$ -
H and I	\$ 28.00	\$ 60.00
Jackson Women's Conf		\$ -
KISS		\$ -
Last Chance House		\$ -
Last Stand		\$ -
Lathrop		\$ -
Living Sober		\$ -
Lodi Lite	\$ 72.38	\$ 87.34
Lodi Primary Purpose	\$ 1,500.00	\$ 1,500.00
TOTAL YEAR-TO-DATE	\$	7,978.46



Delta Central Office
Office Manager's Report
May 14, 2025

SCHEDULES: Sandi L. and Steve N. continue to do a great job keeping both the printed and website schedules up to date.

SCHEDULE CHANGES: Please address all requests for changes to the schedule directly to the webmaster at meetings@aadelta.org. Sending these requests to the Central Office only results in delays since the Central Office does not maintain the schedules and is otherwise inundated with emails of all sorts. Please remember that schedule changes should be requested by a group's IGR, GSR, or General Secretary only. Also, please be aware that Delta Intergroup can only make changes to our schedule, and that the changes to the Meeting Guide App are not controlled by us. Those changes usually follow our website by 24-48 hours, but they have sometimes taken longer.

NEWSLETTER: Both versions posted to the website Monday, May 5th.

FLYERS: Please send your flyers in the form of a PDF or JPEG by the 15th of the month prior to your event. A reminder that all events flyers must identify the event as an AA event, either through spelling out Alcoholics Anonymous, using the AA abbreviation, or the AA circle/triangle logo. This has been our policy for several years, and lately has been frequently forgotten. Also, if you want your event flyer in the newsletter, please "save as" an image file (JPEG, GIF, or PNG) and submit it in that format and *not* as a PDF or Word Document. With up to 15 flyers a month, converting them all takes a lot of time. Thanks.

SATURDAY NIGHT LIVE/UNITY DAY: SNL will be hosted by Lodi Solutions in June. Please distribute the attached flyer and let people know.

COPY MACHINE: We received four copy machine proposals and selected one which will cost us somewhere around \$100.00 per month as opposed to our current machine which costs us around \$300 per month. The new contract will save us around \$2,400.00 a year. In addition, the new model is a desktop rather than floorstanding model and will fit very nicely into the front office. This will combine all our printing/copying needs into one compact office location. The new machine got a rating of "Excellent" from PC Magazine.

HELPLINE MANUAL: No updates that I know of.

SERVICE POSITION OPENING: Please distribute the flyer and help us recruit a new TREASURER and ASSISTANT OFFICE MANAGER. Please also continue to spread the word that the Office needs volunteers willing to use their computer skills to handle the daily data entry tasks necessary for us to record purchases, thus accommodating customers and keeping the office open even when I'm not available.

OAK GROVE REGIONAL PARK: I have reserved the Oaks Pavilion at Oak Grove Regional Park in Stockton for our annual picnic. Last year, we decided to move the picnic from mid-year to a month when the weather would be cooler at the same time we decided to have our DCO Unity Day/SNL in April. Our most pressing need, right now, is to secure a speaker, and to request the services of our inestimable chef du jour, Rick.

PHYSICAL INVENTORY: Central Office will conduct our end-of-fiscal-year physical inventory on Friday, June 28th. We usually start at 10 am and are finished late afternoon. Please call the DCO during business hours if you're interested in volunteering. (209) 464-1509 Tues.-Thurs., noon to five.

That's all for now.

Lynne