

Delta Intergroup of Alcoholics Anonymous

Bridging the Gap Program



AA can Bridge the Gap between the Exit door of your treatment or correctional facility and the Entrance door to your AA meeting...

Bridging the Gap
P.O. Box 692003
Stockton, CA 95269-2003
btgaadelta@gmail.com

1/1/2021

What is Alcoholics Anonymous?

Alcoholics Anonymous is a fellowship of men and women who share their experience, strength, and hope with each other that they may solve their common problem and help others to recover from alcoholism.

The only requirement for membership is a desire to stop drinking. There are no dues or fees for A.A. membership; we are self-supporting through our own contributions. A.A. is not allied with any sect, denomination, politics, organizations or institutions; does not wish to engage in controversy; neither endorses nor opposes any causes. Our primary purpose is to stay sober and help other alcoholics to achieve sobriety.

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Name _____ M/F Age _____
Expected Address _____ City _____
State _____ Zip _____ Languages you speak fluently _____
Phone where our volunteer will reach you _____ Alternate _____
Facility Name _____ Release date _____
Best way to contact you or special instructions _____

**Here are the steps we took,
which are suggested as a
program of recovery:**

1. We admitted we were powerless over alcohol – that our lives had become unmanageable.
2. Came to believe that a power greater than ourselves could restore us to sanity.
3. Made a decision to turn our will and our lives over to the care of God as we understood Him.
4. Made a searching and fearless moral inventory of ourselves.
5. Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
6. Were entirely ready to have God remove all these defects of character.
7. Humbly asked Him to remove our shortcomings.
8. Made a list of all persons we had harmed, and became willing to make amends to them all.
9. Made direct amends to such people wherever possible, except when to do so would injure them or others.
10. Continued to take personal inventory and when we were wrong promptly admitted it.
11. Sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out.
12. Having had a spiritual awakening as the result of these steps, we tried to carry this message to alcoholics, and to practice these principles in all our affairs.

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Bridging the Gap is a temporary AA contact program to help you make the transition from treatment or incarceration into the AA community. This will provide support for your continuing sobriety.

Once you are discharged or released, your AA Contact will accompany you to your first AA meeting, explain the AA program, and the importance of finding a sponsor.

If you wish to obtain a Bridging the Gap AA contact, please complete the confidential request portion of this leaflet and mail it to:

**Bridging the Gap
PO Box 692003
Stockton, CA 95269-2003**

Or scan and email to
btgaadelta@gmail.com

An AA Contact will be located from the vicinity where you will be living upon discharge or release, and will contact you by phone or email or post. (Men are referred to men and women to women.)

Best wishes in your recovery,

*The Delta Intergroup of Alcoholics Anonymous
Bridging the Gap Coordinator and
Bridging the Gap Program.*



Our Traditions

1. Our common welfare should come first; personal recovery depends upon AA unity.
2. For our group purpose there is but one ultimate authority – a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants, they do not govern.
3. The only requirement for AA membership is a desire to stop drinking.
4. Each group should be autonomous except in matters affecting other groups or AA as a whole.
5. Each group has but one primary purpose – to carry its message to the alcoholic who still suffers.
6. An AA group ought never endorse, finance or lend the AA name to any related facility or outside enterprise, lest problems of money, property and prestige divert us from our primary purpose.
7. Every AA group ought to be fully self-supporting, declining outside contributions.
8. Alcoholics Anonymous should remain forever nonprofessional, but our service enters may employ special workers.
9. AA as such ought never be organized, but we may create service boards or committees directly responsible to those they serve.
10. Alcoholics Anonymous has no opinion on outside issues, hence the AA name ought never be drawn into public controversy.
11. Our public relations policy is based on attraction rather than promotion, we need always maintain personal anonymity at the level of press, radio, and films.
12. Anonymity is the spiritual foundation of all our traditions, ever reminding us to place principles before personalities.